

Pole Vault and Triple Jump Coaching Weekend



Venue : Templemore Track, Co. Tipperary

Date: Saturday 10th & Sunday 11th September

Time: 10am to 5pm each day

This coaching weekend is suitable for all coaches and athletes who want to expand their skills in these event areas. Lead Coaches for the weekend will be **Eamon Flanagan**, Abbey Striders A.C. (Pole Vault), **David Murphy**, Waterford A.C. (Triple Jump) & **Pat Power**, National Jumps Co-Ordinator.

The cost of the weekend is €30 per athlete or coach. To book your place on the weekend, please e-mail jumps@athleticsireland.ie with your name, club and contact details.